

MEDIA ADVISORY

DR. FUHRMAN'S HEALTH OASIS

For Immediate Release: September 8, 2016 Contact: Liz Goodman-Pilkington (516) 395-6363 LUNCH ON US!

DR. FUHRMAN, A NEW YORK TIMES BEST SELLING AUTHOR AND RENOWN NUTRITIONIST-- OPENS A GROUNDBREAKING CENTER FOR THE TREATMENT OF DISEASES AND EATING DISORDERS, IN BOCA RATON, FLORIDA.

REVERSE HEART DISEASE ONE SALAD AT A TIME...FIND OUT HOW AT OUR OPEN HOUSE LUNCHEON. TOMORROW, FRIDAY, SEPTEMBER 9, 2016 NOON, BOCA RATON, FL

- WHAT: Lunch & Learn about the only center dedicated to helping prevent, treat, and reverse Heart Disease, Diabetes, Hypertension, Eating Disorders and other Diet-Related Illnesses. Meet and Greet the Chef, and Eat the Delicious Cuisine, Designed to Help Cure Food Addictions.
- WHERE: 350 Camino Gardens Blvd., STE 105 (East Side of Building) Boca Raton, FL 33432
- **WHY:** Dr. Joel Fuhrman, Jacob Frydman and Donna Hearn proudly announce the partnership and immediate opening of the outpatient program for *Dr. Fuhrman's Health Oasis,* of Boca Raton.
- WHEN: Join us this Friday September 9, 2016 at NOON, for a fabulous taste of the healthy food that will be served to patients. Meet and Greet the Health Center's Top Notch Treatment Team, and Hear About This Groundbreaking Treatment Program, First Hand from Donna Hearn, Co-Founder of the Center.

BACKGROUD AND LINKS

<u>Dr. Joel Fuhrman</u> Is the founder of the <u>Nutritarian diet</u> and author of New York Times Best Selling books about health, nutrition and the end of Heart Disease. He is the President of the Nutritional Research Foundation, and serves on the Medical Advisory Board for <u>The Dr. Oz Show</u>. He has appeared numerous times on the show, and currently has a PBS special airing called <u>EAT TO LIVE with Joel Fuhrman, M.D.</u>

Donna Hearn, and Jacob Frydman, founding partners of the **Alternatives in Treatment**, of Boca Raton and are experts in the field of addiction and mental health rehabilitation. They have 28 years <u>Alternative Treatment</u> of Boca Raton, they have decades of experience treating and/or helping patients with addictive or mental health issues.

Dr. Fuhrman's Health Oasis is a ground breaking treatment center. The Outpatient program will open Monday, September 12, 2016 and immediately accept applications for patients seeking treatment for eating disorders. Treatments may be covered by medical insurance. The in-patient residential program will open November 2016. During treatment Patients will reside at the renowned **Boca Beach Club, A Waldorf Astoria Resort**