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#### PRESS RELEASE

## The Sacramento Dentistry Group Introduces Perio Protect

Sacramento, CA — October 28, 2015 — Half of American adults above the age of thirty have periodontitis, the most serious form of gum disease. This illness is responsible for bad breath, bleeding gums, jawbone loss, loose and missing teeth and is linked to worsening diabetes, higher risk of cardiovascular disease and complications in pregnancy. According to the Centers for Disease Control and the American Academy of Periodontology, periodontitis is especially prevalent with seniors, Mexican-Americans, the poor and those without a high school education. While root scaling and planing is the first line of treatment against periodontitis, an ongoing form of treatment designed to prevent its reoccurrence is Perio Protect. This simple to use and innovative method of fighting gum disease is proving very popular with patients of the Sacramento Dentistry Group.

### What is Perio Protect?

Perio Protect is a specially designed and custom-fit device that looks similar to a mouthguard or nightguard. Perio Protect was developed to overcome a specific problem with applying medication to your gums. Due to the ever-present saliva and fluids secreted by the gums themselves, medication applied to the teeth and gums seldom stays there very long. Your body actually washes it away before it can have a strong medicinal effect. The Perio Protect tray, formed to match your teeth by a dental lab, is designed to keep medicine where it belongs — right at the point where your teeth meet the top of your gums. As a result, patients using Perio Protect experience significant improvements in their fight against gum disease.

### **How Patients Use Perio Protect**

After a consultation, a Sacramento Dentistry Group dentist decides how long a patient should use Perio Protect each day and the number of days required for treatment. Once patients receive Perio Protect, after adding medication to the trays, they simply put Perio Protect on their teeth and go do something else. Most patients simply wear Perio Protect while they watch TV, read or do their household chores. Treatment time is measured in minutes, not hours, so using Perio Protect is quite convenient.

# **How to Sign Up for Perio Protect**

An examination must determine the extent of a gum disease infection and what treatments are immediately essential in conjunction with Perio Protect. Treatment for gum disease is simple and straightforward and should not be delayed. With the help of Perio Protect, patients can avoid gum recession, tooth loss and advanced aging. To

request a Perio Protect program and gum disease consultation, contact the office of the Sacramento Dentistry Group at 916-538-6900, visit them at 1105 E Street or make an appointment via their website, sacramentodentistry.com.