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PLANNING FOR THE FUTURE IS KEY IN RETIREMENT YEARS

Addition of Cottage Homes to Meet Growing Demand

JENKINTOWN, Pa. (9/21/17) — When Dr. David and Barbara Junkin decided that their house was just too big for them now, they began looking at options for a community. They've been in their home for 40 years but know that the upkeep is just too much.

“We are both still very independent and so started looking at options in our area that will give us the feel of a home, but with a health care component for later in life, should we ever need it,” said Dr. Junkin. In particular, the Junkins know they don't want an apartment at a senior living community; rather, they prefer more of a cottage-style option.



Presby's Inspired Life recently announced expansion plans for a variety of cottages on its

Rydal Park campus. That seemed like the perfect type of living option for the Junkins,

Dyann Paoline (left), of Presby's Inspired Life, greets Dr. David Junkin (center) and his wife Barbara (right) at a recent event for Priority Club Members.

and so they've become Priority Members of Rydal Waters. Being Priority Members means that they're not committed to moving there just yet but are to be among the first to select locations of a cottage when the expansion project gets underway.

"You could say I've always been a planner, and the timing for this is right," added Dr. Junkin. "We want to be in charge of our own lives and don't want to burden our children with having to make decisions for us later in life."

Recently, the Junkins attended the Rydal Waters Tent Event, where they were able to meet other Priority Members and view the area that will soon be developed into their new home. "It's such a beautiful campus. As we enjoyed the entertainment and food, it was easy for us to envision life at Rydal Waters, with all of the amenities of Rydal Park included. It's exactly the type of community we've been looking for."

Cindy Doyle-Avrigian and her husband Mason are also Priority Members of Rydal Waters. She's a realtor in the Abington area and believes that it just makes sense at this point in their lives to start exploring options for the future.

She's very familiar with Rydal Park, as her parents lived at the community, and was very pleased with the continuum of care available there for them. She said that it's just the prudent thing for her to investigate for herself and her husband now.

Doyle-Avrigian noted that there are many options available in the area, but not many with the single-family cottages for the 62-and-over demographic. That's what she finds appealing about Rydal Waters.

"It really is an emotional decision to make when thinking about moving," said Doyle-Avrigian. "However, it's good to have a plan in place and not wait to make hasty decisions down the line."

Sarah Jolles, the executive director of sales & marketing at Presby's Inspired Life, said that Rydal Waters is being developed for those who still want the feel of a single-family-type home, yet the security of knowing they've got a plan in place for future health care, if ever needed.

"The lifestyle Rydal Waters will offer is one of complete independence, with access to the services and amenities that makes retirement living so desirable," said Jolles. "This expansion project will include a clubhouse with a fitness center, multipurpose space with fireplace and audio/visual capabilities, prep kitchen, cocktail lounge, outdoor heated swimming pool, fire pit, outdoor grilling area and much more."

Jolles believes it is important for those in the 55+ demographic to begin exploring options early for where they'll want to live in the future.

"For some individuals, they may decide that living in their home is best, but when it comes down to it, really thinking about the future also includes the possibility of health care needs," added Jolles. "Life Plan communities do offer independence, where

residents can come and go as they please; they've just got that extra level of security for health care, and that's what planning is all about."

Construction of Rydal Waters will begin once 70 percent of the residences are pre-sold.

For more information, visit RydalWaters.org or call (215) 814-0338.

ABOUT PRESBY'S INSPIRED LIFE: Presby's Inspired Life is a not-for-profit, faith-based organization that provides continuing care and Affordable Housing for more than 3,000 people 62 and better, across more than 30 communities throughout greater Philadelphia. www.PresbysInspiredLife.org

ABOUT RYDAL PARK: Rydal Park is a Presby's Inspired Life community located on a scenic 20-acre campus in Abington Township, Montgomery County. Rydal Park is a full Life Plan Community for people 62 and better. The community boasts 307 independent living apartment homes across four contiguous buildings. The community also offers personal care, skilled nursing and rehabilitative care. Known for its exceptional location and amenities, Rydal Park has become synonymous with healthy, elegant, quality retirement living. In total, Rydal Park offers 509 accommodations. www.RydalPark.org and www.RydalWaters.org