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LCTA Group, LLC Achieves Significant Energy Savings for Southern California Grocery New energy-efficiency plan to benefit environment and business proves successful.

SAN ANTONIO, TX (Jan. 18, 2017) – On Friday, January 6, LCTA Group, LLC (The Leading Center for Technology Advancement) announced they have successfully completed energy efficiency enhancements for six Mother's Market & Kitchen stores, achieving an initial energy savings of 115,520 kWh per month, over the course of five months. According to EPA Greenhouse Gas Equivalencies, this equates to 206 passenger vehicles driven for one year.

Founded on the belief that high efficiency energy technologies are critical to both environmental sustainability and business growth, LCTA Group has led numerous projects to help companies increase the rate of adoption for energy-saving technologies. Valuing this approach, Mother's Market & Kitchen partnered with LCTA Group in early 2016 to create a plan that would optimize energy conservation in their grocery stores, without spending any capital or taking on additional risk or debt.

"Mother's Market & Kitchen recognized that reducing energy consumption was more than a positive impact on the environment," said Lane Traylor Managing Partner of LCTA Group. "They understood it would provide validated saving to their bottom line and would be a truly valuable, long-term initiative."

After identifying the best areas for enhancement, LCTA Group began implementing a series of upgrades to store and warehouse technologies that would help save more energy. This included converting fluorescent lighting to LEDs, shifting to ECM motors for refrigeration, modifying refrigeration and HVAC controls programming to limit energy expenditure, and more.

"Our goal was to implement a plan that would not only enhance efficiency for our stores, but really benefit the communities we serve and our footprint on the environment," said Steven Prendergast, Chief Operating Officer of Mother's Market & Kitchen.

The energy upgrades were completed at four Mother's Market & Kitchen stores in July 2016 and two stores in October 2016. LCTA Group has lead all implementation, assessments, validation and monitoring of these initiatives, and anticipates a total annual savings of 1.2 million to 1.5 million kWh.

LCTA Group, LLC (The Leading Center for Technology Advancement)

LCTA Group, LLC is a specialty energy efficiency investment group based in San Antonio, TX. By utilizing a tailored system of engineering, corporate finance and business consultation, LCTA Group helps companies adopt high efficiency energy technologies that not only benefit the environment, but contribute to business growth and increased savings. Learn more at www.lctagroup.com.

Mother's Market & Kitchen

Mother's Market & Kitchen provides a wide spectrum of natural and organic foods and supplements that cater to specialized diets and healthy lifestyles. Since its founding in 1978, Mother's has established seven stores in Southern California with a reputation for providing top-quality, local and organic produce not readily available elsewhere, as well as the country's largest selection of supplements – all at a great price! Learn more at www.mothersmarket.com