

## ***A Journey of Self-Discovery, Respect for the Living***

Science of Identity Foundation is releasing a live webinar series entitled *A Journey of Self-Discovery*, which will be available for free viewing on its [YouTube Channel](#). Throughout each installment of the course, world-renowned yoga spiritual master Jagad Guru Siddhaswarupananda expounds on the essential nature of the self and how the understanding of one's essence can lead to lasting happiness and inner peace.

Unfortunately, the true wisdom of yoga is exceedingly rare in our modern society that is dominated by a materialistic world-view. The belief that we are material in essence, and that material possessions, power, and fame will satisfy us, is rarely challenged. However, the profound yoga wisdom shared in this series of lectures from Jagad Guru offers an alternative world-view—one that will shed light on the true nature of the self.

[Jagad Guru begins](#) this segment, *Respect for the Living: Life's Inherent Value*, stating that there is a fundamental distinction between the living and the non-living. "Unfortunately," he tells the audience, "what is happening in society today is that we are losing this fundamental understanding, losing our system of values. We no longer see the [distinction](#) between the living and the non-living, and we no longer treat the living differently than the non-living."

The discussion continues to develop in the next part of the series titled, *Respect for the Living: Redefining Life*. Jagad Guru centers his talk around the landmark 1979 Supreme Court case where the court issued a legal ruling on the very definition of life. The lawsuit originated because General Electric wanted to patent a new strain of oil-eating bacteria. Although the case is almost 40 years old, it resonates with the current culture of materialism and exploitation of all living beings, both human and animal. And it acts "to further this view of reality that we're just chemical machines—things."

### **About Science of Identity Foundation**

Jagad Guru Siddhaswarupananda established the [Science of Identity Foundation in 1977](#). Jagad Guru is a Vaishnava spiritual master in the disciplic succession known as the Brahma Madhva Gaudiya Sampradaya. This highly respected spiritual lineage extends back over 5,000 years to [Lord Krishna Himself](#).

Science of Identity Foundation teaches the practice of meditation and kirtan, along with the timeless yoga wisdom of Vaishnava Hinduism, to help individuals achieve greater spiritual, mental, and physical well-being. Passed down for centuries through an unbroken line of self-realized teachers, this ancient and authentic process of self-discovery can be practiced by anyone.

**More Information about Science of Identity Foundation can be found:**

<https://sif.yoga/about>

<https://sif.yoga/about/jagad-guru>

[https://twitter.com/sif\\_yoga](https://twitter.com/sif_yoga)

<https://soundcloud.com/scienceofidentityfoundation>

<https://www.facebook.com/thescienceofidentityfoundation>