



NEW FLAVOR

VANILLA DRAGON BERRY



Superfood breakfast bowl made from an exotic combo of dragonfruit, pure vanilla, lemon zest, and plump mulberries

We are excited to announce the release of newest flavor, Vanilla Dragon Berry.

"Our goal with this new flavor was primarily to make something delicious but we also pushed ourselves to follow strict nutritional principles," says Cooper FitzGerald, Co-founder at Brave Foods.

"It's exotic, refreshing, and definitely unique in our lineup. We gathered some incredible organic ingredients from around the world to make this flavor pop."

Brave will continue to use post-consumer recycled materials, minimal packaging, and sourcing from high quality farms practicing regenerative agriculture.











BETTER Breakfast

BETTER MORNINGS



Ready-to-eat superfood breakfast bowls in five mouthwatering flavors

01 POUR INTO A JAR

02 ACTIVA

TIVATE

WAKE UP

Traditional meal prepping takes time and strategizing. And after a long day at work, you should prioritize the activities you love, not meal prep. Enter: Brave. 30-second preparation the night before ensures starting every morning off right by saving energy for what matters most.

Brave is built on a foundation of organic oats, chia seeds, and hemp hearts, with enough protein, fiber and healthy fats to keep you fueled until lunch. Because finding time for a healthy meal in a chaotic schedule is like searching for snow in the desert.

eatbrave.com @eatbrave alex@eatbrave.com



"Favorite breakfast ever! I love the simple prep, how clean the ingredients are and most importantly how delicious these breakfasts are!"

Larissa ★★★★

AVAILABLE IN APPLE SPICE, TROPICAL COCONUT, MOCHA CHIP & PEANUT BUTTER BANANA VANILLA DRAGON BERRY COMING SOON!

- 20G plant protein to keep you full 'till lunch
- 30-second prep to make mornings easier
- Plant-based
- No added sugar
- Organic ingredients











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SOY FREE

VEGAN

NO ADDED SUGAR

GLUTEN FREE

CLEAR MIND



Delivers your daily hit of omega-3 fatty acids to reduce inflammation and provide a host of neuroprotective benefits

STRONG BODY



Three sources of complete proteins to cover all essential amino acids. Trusted by the top endurance athletes.