

10 common conditions are responsible for more than **2 million visits** to the ER.

EAR INFECTIONS
84,825 VISITS

HEADACHES 135,450 VISITS SINUS INFECTIONS

BACK & NECK PROBLEMS 216,555 VISITS

ABDOMINAL PAIN 271,570 VISITS

BUMPS & BRUISES 311,977 VISITS

& SORE THROATS 305,015 VISITS

> NAUSEA, CONSTIPATION & DIARRHEA 171,617 VISITS

URINARY TRACT INFECTIONS 127,051 VISITS

JOINT ACHES & PAINS 127,267 VISITS

SPRAINS & STRAINS 286,179 VISITS

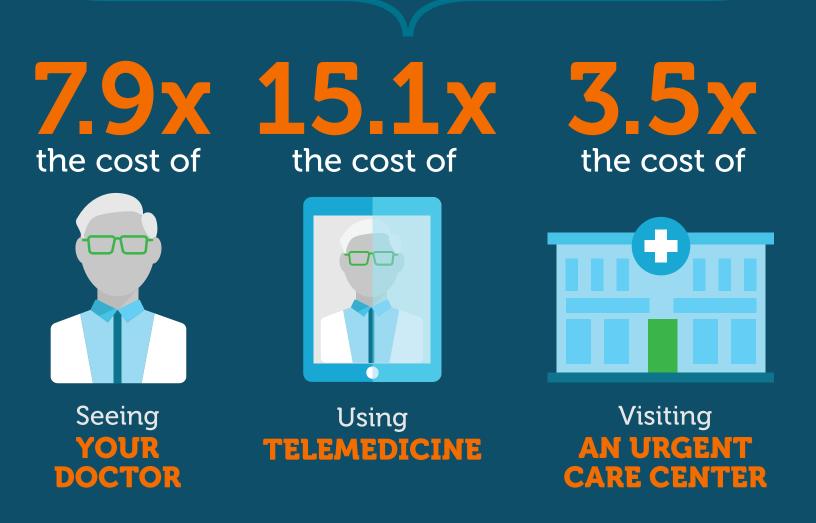
they cost New Yorkers about 51.5 billion to treat in the ER.

9 About 9 out of 10 visits to the ER for these conditions were considered **'POTENTIALLY PREVENTABLE''***

POTENTIALLY PREVENTABLE =

patients could have been treated outside of the emergency room or their conditions could have been avoided altogether through better care coordination and quicker access to primary and preventive care.

Going to the ER for POTENTIALLY PREVENTABLE conditions is



Rates of POTENTIALLY PREVENTABLE ER visits by county, 2013

Areas with high rates have the greatest opportunities to improve the quality of or access to primary care or care coordination and target potentially

avoidable costs.

Rate = number of potentially preventable visits per 100 population

<10 VISITS	Cattaraugus	Hamilton	Lewis
10-20 VISITS	Allegany Chautauqua Franklin Fulton Greene Livingston Nassau	Ontario Orange Oswego Putnam Rensselaer Rockland Saratoga	Tioga Warren Washington Westchester Wyoming
20-30 VISITS	Albany Broome Cayuga Clinton Columbia Dutchess Erie Essex Genesee Herkimer	Kings Madison Monroe New York Niagara Oneida Oneida Onondaga Orleans Otsego Queens	Richmond Schoharie Seneca Statewide Steuben Suffolk Tompkins Ulster Wayne Yates
>30 VISITS	Bronx Chemung Chenango Cortland	Delaware Jefferson Montgomery Schenectady	Schuyler St Lawrence Sullivan

Excellus (National strength. Local focus. Individual care.

*NYS Department of Health

Data sources for cost estimates: Excellus BlueCross BlueShield Claims data Healthcare Bluebook - https://healthcarebluebook.com/ MDLive - https://welcome.mdlive.com/

New York State Department of Health, Office of Quality and Patient Safety – http://www.health.ny.gov/statistics/sparcs/sb/docs/sb4.pdf https://www.health.ny.gov/statistics/sparcs/sb/docs/sb8.pdf

New York State Department of Health, Open Data -

https://health.data.ny.gov/Health/All-Payer-Potentially-Preventable-Emergency-Visit-/f8ue-xzy3, https://health.data.ny.gov/Health/New-York-State-Population-Data-Beginning-2003/e9uj-s3sf Sources:

3M – http://multimedia.3m.com/mws/media/7842130/3m-pop-health-ppe-ebook.pdf?&fn=Preventables%20eBook.pdf Agency for Healthcare Research and Quality – http://meps.ahrq.gov/mepsweb/data_stats/conditions07.shtml